

Nursing Student Dress Code Policy for Female Students

Dress policies for non-clinical and clinical settings are different. Different departments may have specific requirements when students are doing clinical rotations and will be communicated to the students by the concerned department. In general, the personal appearance of students whether in non-clinical or clinical settings must be neat and clean, and demonstrate good hygiene.

A. Non-clinical Settings

Although when in non-clinical settings (class-rooms, library, seminar rooms and others), students are not required to wear a uniform, they must dress up appropriately and follow these guidelines.

- a. Students must always wear the white (lab) coat with the Institute's monogram on the left pocket.
- b. Students must wear the identification badge at all times.
 - i. Identification badges should be worn so that are clearly visible and are above the waist.
 - ii. Student photograph on identification badge must be worn face out, with no defacement (pins, stickers). Face covering on identification badge is not allowed.
- c. Clothes should be socially appropriate and according to weather conditions.
 - i. Students should avoid extreme styles and overtly bright colors. Head scarfs should be plain and devoid of fashion accessories.

B. Clinical Settings

In clinical areas, nursing students are required to wear nurse-student uniform. A neat and clean white uniform signifies the pride and professionalism of a nurse. Student nurses must maintain the dignity of the uniform by taking care of their uniforms and dressing smartly.

- a. Student summer dress code: White shirt (length above the knee), straight pants/ shalwar, waistcoat (koti) and dupatta.

- b. Student winter dress code: As above with green jersey (pullover).
- c. Students must wear the identification badge at all times.
 - i. Identification badges should be worn so that are clearly visible.
 - ii. Student photograph on identification badge must be worn face out, with no defacement (pins, stickers). Face covering on identification badge is not allowed.

C. Dress Code for Community Premises:

Shirt with blue and white checks, blue shalwar, and dupatta.

D. General Rules:

- a. Shoes: Flat, soft sole, black or white securely fitted shoe that covers the whole foot. Shoes should be non-permeable, and of white or black color. Shoes must be worn with black or white socks.
- b. Hair must be clean, neatly groomed and controlled. Long hair must be tied with simple black/brown clip or hair band above the collar.
- c. Nails must be neat, clean, and support the functional use of hands and fingers. Artificial fingernails/tips, nail polish/gel/dip and decorative designs are prohibited.
- d. Jewelry must be plain and inconspicuous. Jewelry allowed is:
- e. One pair of small non-dangling earrings.
- f. A firmly fitted wrist-watch
- g. No perfumes or fragrances are best. If used they must be minimally smelled by others.
- h. Students are encouraged to use fragrance free deodorants and antiperspirants.
- i. Makeup should be light, and not distracting.